



## DO YOU HAVE...

PARKINSON'S DISEASE (PD)  
MULTIPLE SYSTEM ATROPHY (MSA)  
PURE AUTONOMIC FAILURE (PAF)

**WHEN STANDING UP, DO YOU  
FEEL DIZZY, LIGHTHEADED,  
OR LIKE YOU ARE ABOUT  
TO BLACK OUT?**

  
**Northera**<sup>TM</sup>  
*(droxidopa) capsules*  
100 mg • 200 mg • 300 mg

## USE

NORTHERA (droxidopa) is a prescription medication for adult patients to reduce dizziness, lightheadedness, or the “feeling that you are about to black out” that occurs due to a drop in blood pressure when changing positions or standing. Reduced blood pressure when standing can occur in a number of neurologic disorders, such as Parkinson’s disease, multiple system atrophy, and pure autonomic failure. Effectiveness beyond 2 weeks of treatment has not been established, and your doctor will decide if you should continue taking NORTHERA.

**WARNING: SUPINE HYPERTENSION (this is high blood pressure while lying down)**

Blood pressure should be checked while lying down before starting and during NORTHERA treatment. Elevating the head of the bed lowers the risk of high blood pressure while lying down. If high blood pressure while lying down is a problem, work with your doctor to either take less NORTHERA or stop it altogether.

Please see Important Safety Information, including Boxed Warning for supine hypertension, on pages 14 to 15 and the [full Prescribing Information](http://www.NORTHERA.com) at [www.NORTHERA.com](http://www.NORTHERA.com).

## What is symptomatic NOH?

Symptomatic neurogenic orthostatic hypotension, or NOH, can be found in patients with neurologic conditions such as Parkinson's disease (PD), multiple system atrophy (MSA), and pure autonomic failure (PAF).

Symptomatic NOH is a drop in your blood pressure that lasts for a while when you stand up from sitting or lying down. This low blood pressure causes reduced blood flow to your head and, as a result, you may feel dizzy. The cause of the low blood pressure may be that your body is not making enough norepinephrine. Norepinephrine is a chemical in your body that is used by your nervous system to signal nerves that help control blood flow to your head.

Symptoms of NOH may be caused by simply standing up or shifting position and include:

- Dizziness
- Lightheadedness
- Feeling like you are about to black out

There is no cure for symptomatic NOH, but there is a medication that may help with the symptoms.

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## What is PD, MSA, and PAF?

**Parkinson's disease** is a nervous system disorder that damages the cells of the brain and nerves that control movement. This damage can lead to tremors, muscle rigidity, stiffness in the legs and body, and difficulties walking and keeping balanced.

**Multiple system atrophy** is a rare neurological disorder that causes problems with movement, loss of coordination, and malfunction of involuntary bodily functions (such as blood pressure control). It results from ongoing damage to several areas of the nervous system.

**Pure autonomic failure** is a very rare, progressive, neurological disorder characterized by damage to regions of the nervous system that control involuntary functions. This frequently results in low blood pressure when standing from a sitting or lying position.



  
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## What is NORTHERA™ (droxidopa)?

NORTHERA is a prescription medication for adult patients to reduce dizziness, lightheadedness, or the “feeling that you are about to black out” that occurs due to a drop in blood pressure when changing positions or standing. Reduced blood pressure when standing can occur in a number of neurologic disorders, such as Parkinson’s disease, multiple system atrophy, and pure autonomic failure. Effectiveness beyond 2 weeks of treatment has not been established, and your doctor will decide if you should continue taking NORTHERA.

NORTHERA may cause or worsen high blood pressure, which can increase the risk of cardiovascular disease.

### What should I understand about NORTHERA?

NORTHERA may lead to serious adverse events and there is important safety information you should understand before you start taking NORTHERA:

- If your blood pressure increases when you lie down, you may have a condition called supine hypertension and you should work with your doctor to either take less NORTHERA or stop it altogether
  - Supine hypertension may lead to other serious events such as stroke, heart attacks, or death

- Elevating the upper body and head between sitting up and lying down (a little less than half way between being flat and sitting straight up) lowers the risk of supine hypertension

- Neuroleptic Malignant Syndrome (NMS) includes high fever, stiff muscles, movements that you cannot control, problems thinking, very fast or uneven heartbeat, or increased sweating. NMS is a potentially fatal side effect reported with NORTHERA. If you have any of these symptoms that do not have any obvious cause, call your doctor right away and go to the nearest emergency room. If your doctor diagnoses you with NMS, stop taking NORTHERA immediately
- NORTHERA may worsen the symptoms of coronary artery disease, irregular heartbeat, or heart failure. If you have any of these conditions and your symptoms become worse, call your doctor
- Taking NORTHERA could cause an allergic reaction if you are allergic to aspirin or are sensitive to the yellow dye called tartrazine or FD&C Yellow No. 5
- The most common side effects in patients treated with NORTHERA included headache, dizziness, nausea, high blood pressure, and being tired
- Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements, as taking them in combination with NORTHERA may cause side effects
- If you plan to become or are currently pregnant or nursing, talk to your doctor as it is not known if NORTHERA could harm your unborn or nursing baby

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## When should I consider talking to my doctor about NORTHERA™ (droxidopa)?

Speak to your doctor if standing up or shifting positions leads to symptoms such as dizziness, lightheadedness, or the feeling that you are about to black out AND you have PD, MSA, or PAF. Your doctor will assess your symptoms and determine if NORTHERA may be the right treatment for you. Be sure to tell your doctor about any other medication, vitamins, and supplements you may be taking before starting NORTHERA.

## How do I take NORTHERA?

NORTHERA is a capsule that is taken whole by mouth 3 times a day. Your doctor will determine the dose that is right for you.



- Take NORTHERA when waking in the morning, at midday, and in the late afternoon at least 3 hours before going to bed, which will reduce the risk of supine hypertension during sleep
- NORTHERA can be taken with food, making it a part of your daily mealtime routine or without food—but it should be taken the same way every time
- Take NORTHERA capsules whole
- If a dose is missed, the next dose should be taken at the regularly scheduled time. You should not double the next dose
- Do not stop taking NORTHERA without first talking to your doctor

You should also be aware that if you use or change your dose of carbidopa (or other dopa-decarboxylase inhibitors) the dose of NORTHERA may also need to be adjusted. Taking NORTHERA in combination with other agents that increase blood pressure (such as norepinephrine, ephedrine, midodrine, and triptans) may increase risk of supine hypertension.

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## How does the NORTHERA Support Center help?



### Verification of your insurance coverage

- The NORTHERA Support Center will:
  - Contact your insurance company to see if NORTHERA™ (droxidopa) is covered by insurance
  - Work with your doctor to submit any paperwork needed for you to get NORTHERA



### Financial assistance

- For people who need help paying for NORTHERA, financial assistance programs may be available for those who qualify. A representative will contact you to review your insurance coverage or payment options
  - A NORTHERA Support Center representative will explain the the qualification process for the assistance program
  - You can ask for financial assistance at any time during your treatment with NORTHERA



### Prescription delivery

- A Specialty Pharmacy representative will call you regarding your delivery of NORTHERA
- It is important to return calls from your Specialty Pharmacy because they are not able to send NORTHERA without speaking to you first
- NORTHERA will be delivered to your requested address within 5 business days



### Follow-up calls

- A registered nurse from the NORTHERA Support Center will call you occasionally to talk about your therapy with NORTHERA
- The nurse will review the titration schedule your doctor has provided and make sure that you are receiving your NORTHERA prescription on time

**For more information, call the NORTHERA Support Center toll-free at 1-844-601-0101 or visit [www.NORTHERA.com](http://www.NORTHERA.com).**

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## How can I start a conversation with my doctor about NORTHERA™ (droxidopa)?

It's very important to have an open dialogue with your doctor about your symptoms and what you're feeling. Use this section to write down any notes or questions you might have about NORTHERA. For example:

**Do you think NORTHERA is an option for me?**

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**What if I'm taking another medication?**

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**If NORTHERA is an option, how do I get started?**

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**What should I do if I miss a dose of NORTHERA?**

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### **NORTHERA Support Center:**

1-844-601-0101 or visit [www.NORTHERA.com](http://www.NORTHERA.com)

#### **MY NORTHERA TEAM**

Doctor or nurse

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Specialty Pharmacy

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## IMPORTANT SAFETY INFORMATION

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- Work with your doctor as NORTHERA may cause elevations in high blood pressure and increases the risk of supine hypertension, which could lead to strokes, heart attacks and death.
- Neuroleptic Malignant Syndrome (NMS) is a potentially fatal side effect reported with NORTHERA. Call your doctor right away and go to the nearest emergency room if you develop these signs and symptoms that do not have another obvious cause: high fever, stiff muscles, movements that you cannot control, problems thinking, very fast or uneven heartbeat, or increased sweating. NORTHERA should be stopped immediately if NMS is diagnosed.

- If you have coronary artery disease, irregular heartbeat, or heart failure, NORTHERA may worsen the symptoms of these disorders. If your symptoms become worse, call your doctor.
- NORTHERA contains tartrazine (FD&C Yellow No. 5). Taking NORTHERA could cause an allergic reaction, especially if you have a reaction to aspirin.
- The most common side effects in NORTHERA patients were headache, dizziness, nausea, high blood pressure, and being tired.
- Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Taking NORTHERA with other medications may cause side effects.
- If you plan to become or are currently pregnant or nursing, talk to your doctor as it is not known if NORTHERA could harm your unborn or nursing baby.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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